

SCENARIO

- A single vehicle has lost control, rolled and collided with a tree, whilst travelling on a 'B' road, at speed
- The vehicle on its roof
- The vehicle has a single occupant who is not restrained by their seatbelt



EQUIPMENT

- Stabilisation equipment, glass management tools, hydraulic rescue tools, hand tools, medical equipment and rescue board
- 1 scrap car
- 1 Live casualty or training dummy



SCENARIO PREPARATION

- A single vehicle on its roof
- The glass is intact, access is available to all doors
- A single casualty has fallen from the driver seat during the collision, their head and upper body is positioned towards the driver's door
- The engine is off, hand-brake off, still in gear
- Prop – Empty cans of beer in the car
- Prop – Tree (or blocking prop)



INJURIES

- Major – various trauma injuries
- Minor – Broken wrist
- Illness / Condition – critical condition



SIGNS AND SYMPTOMS

- Casualty non-responsive
- Pail and clammy
- Pulse Rate = 130
- Respiratory Rate = 25
- Multiple minor wounds – bleeding
- Deformed wrist



HEALTH AND SAFETY

- Weather conditions
- Ground conditions and vehicle movements
- Manual handling
- Housekeeping
- Scrap vehicle and its content
- Live casualties (if used)



Purpose

- Initial or refresher training
- Practising the Six Phases of Extrication - Basic scenario, single vehicle road traffic collision
- Casualty assessment and handling



KEY CONSIDERATIONS

- Scene and vehicle safety
- Scene approach
- The stabilisation of the vehicle
- Access to the casualty
- Extrication pathway
- Extrication of the casualty



KEY ACTIONS

- Assess the outer and inner cordons, mechanism of injury
- Set up equipment area
- Stabilise the vehicle
- Access to casualty and their assessment
- Vehicle survey – inner and outer – Dynamic risk assessment
- Safe systems of work
- Information gathering and planning
- Access and Space Creation
- Immediate extrication – definitive care



Debrief

- Situation
- How it went
- Address concerns
- Review learning points
- Plan ahead



Six Phases of an Extrication – Scenario – Visual Aide



✘	No access, forced entry required	✓	Access available	✘	Door locked
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