

Trauma pelvic injury Workshop  
Lesson Plan  
Cardiff 2018

Session No:	<b>Presenter Phil Keating UKRO Trauma Lead</b>
Duration:	1 Hour
Title:	<b>UKRO National Competition Trauma Workshop</b>
Session Aims:	To provide an update on current practice and evidence based treatment options available to a First Responder in the assessment and treatment of pelvic injuries.
Objectives / Learning Outcomes:	<ul style="list-style-type: none"> <li>• To provide an overview of the current practice in pelvic injury immobilisation</li> <li>• To provide an overview of the evidence base for assessment of pelvic injuries</li> <li>• To provide an overview of the evidence based treatment of pelvic injuries</li> <li>• To provide an opportunity to carry out practical pelvis immobilisation training</li> </ul>
Resources Required:	IT to support a power point presentation 1 x Flipcharts Clinical equipment – various pelvic binders Paper and pens
Additional Notes:	This rationale for assessment and treatment will be used for ALL disciplines within UKRO in regard to pelvic injury assessment and treatment in line with current FPHC guidelines, for all future challenges.

Assessment Method:	This session is not assessed; however comprehension of learning will be continuously assessed during the session
Reference Material:	FPHC Guidelines on assessment and treatment of pelvic Injuries

Timing	Subject Matter	Teacher Activities	Learner Activities	Resources
5 mins	Introduction and anatomy and physiology	F a c i l i t a t e introduction	Listen to peers	
5 mins	Discuss past and outdated pelvic immobilisation methods	F a c i l i t a t e discussion using the power point to drive discussion.	Observe, participate and take notes	
5 mins	Present latest evidence based data and future methods	F a c i l i t a t e discussion using the demonstration to drive the discussion.	Observe, participate and take notes	

5 mins	Room discussion on current methods used across different services in a straw poll style	F a c i l i t a t e discussion using the power point to drive discussion.	Observe, participate and take notes	
5 mins	Discussion of mechanism of injury and its relevance to pelvic injuries	F a c i l i t a t e discussion using the demonstration to drive discussion.	Observe, participate and take notes	
5 mins	Extrication Methods, can we include pelvic immobilisation in vehicles?	F a c i l i t a t e discussion using the power point to drive discussion.	Observe, participate and take notes	
5 mins	Pelvic binder use and complications	F a c i l i t a t e discussion using the demonstration to drive discussion.	Observe, participate and take notes	
5 mins	Demonstration of pelvic injury assessment and treatment by presenter	F a c i l i t a t e discussion using the power point to drive discussion.	Observe, participate and take notes	One volunteer will be required
15 mins	Practical immobilisation session	F a c i l i t a t e discussion using the demonstration to drive discussion.	Observe, participate and take notes	One volunteer will be required

5 mins	Session close	Facilitate discussion on areas that went well and areas that need to be improved upon for the session	Participate and feedback on the course	
Homework/Tasks: None will be included for this session	Evaluation/Review: Candidates will be given the tutors contact details to provide any additional feedback on the session.			