

SCENARIO

- A single vehicle has collided with a tree, whilst travelling at low speed in a congested area
- The vehicle on its wheels
- The vehicle has a single occupant who is restrained by the seatbelt. The occupant of the vehicle is clearly distressed and showing signs of anxiety



EQUIPMENT

- Stabilisation equipment, medical equipment and rescue board
- 1 Scrap car
- 1 Live casualty or training dummy



SCENARIO PREPARATION

- Single vehicle on four wheels, glass intact, a casualty in the driver's seat, with no physical entrapment
- Access to all doors is available
- The engine is off, hand-brake off, still in gear
- Props – Inhaler
- Street furniture placed in front of the vehicle



INJURIES

- Major - None
- Minor - None
- Illness / Condition – Asthma / Stable



SIGNS AND SYMPTOMS

- Casualty responsive and alert
- Wheezing has peripheral cyanosis
- Pulse Rate = 110
- Respiratory Rate = 35
- Pale and clammy
- Unable to complete sentences
- Optional – heart attack after 5 minutes



HEALTH AND SAFETY

- Weather conditions
- Ground conditions and vehicle movements
- Manual handling
- Housekeeping
- Scrap vehicle and its content
- Live casualties (if used)



Purpose

- Initial or refresher training
- Practising the Six Phases of Extrication - Basic scenario, single vehicle road traffic collision
- Casualty assessment and handling



KEY CONSIDERATIONS

- Assess the outer and inner cordons, mechanism of injury
- Set up equipment area
- Stabilise the vehicle
- Access to casualty and assessment
- Vehicle survey – inner and outer – Dynamic risk assessment
- Safe systems of work
- Information gathering and planning
- Access to the casualty
- Extrication pathway



KEY ACTIONS

- Assess the outer and inner cordons, mechanism of injury
- Set up equipment area
- Stabilise the vehicle
- Access to casualty and assessment
- Vehicle survey – inner and outer
- Information gathering and planning
- Assist casualty from the vehicle



Debrief

- Situation
- How it went





SCENARIO ACTION CARD 1.1

Level of
Difficult
Basic

- Address concerns
- Review learning points
- Plan ahead



SCENARIO ACTION CARD 1.1

Level of Difficulty

Basic



Six Phases of an Extrication – Scenario – Visual Aide



No access, forced entry required	Access available	Door locked
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